



EVERYBODY'S WORKING ON THE WEEKENDS

metroBUSINESS

Ottawa metro

Your essential daily news | WEEKEND, JULY 17-19, 2015

GAME OF THRONES
RULES EMMY NODS

metroLIFE



High 26°C/Low 18°C Thunderstorms

'We need justice'

CONGOLESE COMMUNITY

Courtroom packed for videotaped sex assault case

 **Joe Lofaro**
Metro | Ottawa

More than 100 people from Montreal and Toronto crammed into the Ottawa courthouse Thursday in an astonishing show of support for a woman who was allegedly videotaped while being sexually assaulted by another woman.

Most of the visitors were from the Congolese community who had come to observe the bail hearing for an accused woman who was charged last Friday.

The 40-year-old woman is one of three women in Ottawa who were arrested after a video of a sexual assault against a 21-year-old woman was posted to Facebook and sparked outrage in the Congolese community.

The accused is facing eight charges: Kidnapping, sexual assault, assault, assault with a weapon, theft under \$5,000, intimidation, mischief to property and uttering threats.

The identities of the complainant and the accused women are protected by a publication ban.

"We just saw the video on

Facebook. It was so bad. I can never think that these things can happen in my community," said Rachel Kaniki, who came from Montreal.

Only about 40 community members and the alleged victim's family were allowed into the courtroom, which was at capacity before the hearing even started. Ottawa police special constables had to corral the rest of the large group waiting outside the courtroom.

But it wasn't long before the group was told the bail hearing would not proceed because defence lawyer Biagio del Greco said he is still waiting on disclosure from the Crown.

Many of the people who attended the hearing were disappointed they travelled so far only to be told the hearing would not proceed.

Kaniki said the large showing of support was also meant to send a clear message that the Congolese community condemns criminal activity.

"This is crazy. What kind of world are we living (in)? I've got a (daughter) — she's 21, too — so it could happen to my daughter," said Kaniki.

"That's why all these people came here to say no, we need justice."

The July 21 court appearance will be held to set a date for a bail hearing and many members said they were unsure they would return.



FOOD FOR FOOTBALL

Redblacks quarterback Henry Burris poses with the Grey Cup at the Ottawa Food Bank on Thursday. The Redblacks and Fury are asking fans to bring non-perishable food or cash donations to their games this weekend as part of Purolator Tackle Hunger Weekend. Redblacks fans who donate on Friday will have the chance to get their photo taken with the Grey Cup. MICHAEL WOODS/METRO



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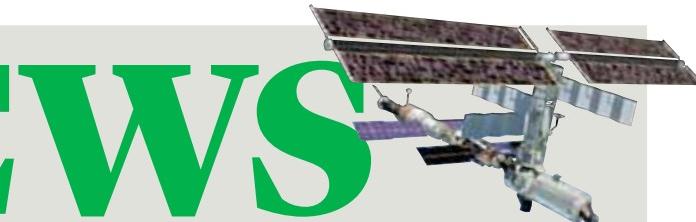
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Calypso the best water park in Canada, TripAdvisor says

TOURISM

Park has faced criticism after some patrons were injured



Joe Lofaro
Metro | Ottawa

Calypso Water Park has made it to the top of TripAdvisor's list of the best water parks in Canada.

The world's largest travel website ranked the Ottawa-area water park at

No. 1, beating out nine other parks, including the Fallsview Indoor Waterpark in Niagara Falls and the Cultus Lake Waterpark in Chilliwack, B.C.

The park opened in June 2010 in Limoges, east of downtown Ottawa.

The ranking was part of the website's annual Travellers' Choice Awards for hotels, amusement parks, aquariums and other destinations worldwide.

"Being heralded today by TripAdvisor and its travellers from across the country as being the best theme water park in Canada is a welcome recognition of our ef-

orts for maintaining the highest industry standards and for providing the best guest experience possible," said Guy Drouin, Calypso owner and operator, in a news release.

While reviewers might give Calypso Water Park a thumbs up online, the park has come under fire from other patrons and the Technical Standards and Safety Authority (TSSA) over the years.

There have been about a dozen civil lawsuits filed against the water park relating to injuries happening on site since it first opened in 2010.

To date, the only personal-injury lawsuit to go to trial was dismissed by an Ontario Superior Court judge.

The park was found guilty

in April of six safety-related charges and acquitted of another five charges relating to incidents in 2011 and 2012.

The park originally faced 20 safety-violation notices brought forward in 2013 by the TSSA, which regulates amusement park rides in Ontario.



A photo of Calypso Water Park from May 2012. TripAdvisor has named the facility the best water park in Canada. METRO FILE

LGBTQ ISSUES

Teacher's Facebook remarks probed

A business teacher at St. Lawrence College in Kingston is under investigation for disturbing comments he posted on his public Facebook page.

Computer-business teacher Rick Coupland shared a video on his Facebook of a rainbow flag being raised with the comment: "It's the queers they should be hanging, not the flag."

The comment caught the attention of a former student, who saved them in screenshots. She then made a formal complaint to administration.

"We can confirm we did receive a complaint," said Kelly Wiley, director of marketing and communications at the school. "We cannot comment on the matter at this time, but I can say we are investigating."

Wiley said that because the complaint was a personnel matter, the school could not confirm details.

She confirmed that St. Lawrence College does have policies that oversee appropriate employee behaviour outside of work.

Coupland's Facebook page has since been taken down, after he posted a message Wednesday afternoon asking friends to "please pray for me and my job."

When reached by phone at his home Thursday, Coupland confirmed to Metro the college had contacted him about the Facebook post but said no meeting has taken place yet.

HALEY RITCHIE/METRO

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5

HIDDEN GEMS AT BLUESFEST'S FINAL WEEKEND

It will take just three riffs to throw Ottawa music fans into a fitful frenzy of nostalgia when retro rockers Deep Purple take over Bluesfest Saturday night. The infamous intro to Smoke on the Water will create a hectic, collective head bang amongst likely everyone in the crowd — most of them either lippling the simple riff or tossing up the devil hand horns while shouting "Hell, yeah!" It will be a mixed bag at RBC Bluesfest all weekend long, with tunes from big headliners The Tragically Hip, Bahamas, Logic and Milky Chance to a list of local talent that span every genre from rap to "Ouija rock." Metro's Backstage Pass columnist **Trevor Greenway** breaks down the final weekend of Bluesfest, and the gems hidden beneath the main talent.



CONTRIBUTED

1 Dropkick Murphys

Friday, 8 p.m.
Claridge Homes Stage
Celtic Punk

If you want to dance like the world is ending at 9 p.m., then gravitate towards the daft drumming and deafening accordion coming off the Claridge Homes Stage when the Dropkick Murphys start jamming. The Massachusetts-based Celtic punk band will keep your bones rattling all night. This show will be jammed, sweaty, hot and a hell of a lot of fun.



CONTRIBUTED

3 Buck N Nice

Saturday, 7 p.m.
Canadian Stage
Conscious hip hop, rap

Hip-hop heads who appreciate conscious lyrics, seamless scratching and sinister, soulful beats will be glued to Ottawa's Buck N Nice Saturday at sundown. The Ottawa duo of Sawbuck and DJ So Nice bring their flowy hip hop and intelligent rhymes to the Canadian Stage. Get ready to not only hear what these two dudes have to say, but you'll feel it too. Homegrown hip hop at its absolute finest. Don't miss this important show.



RENATA RAKSHA

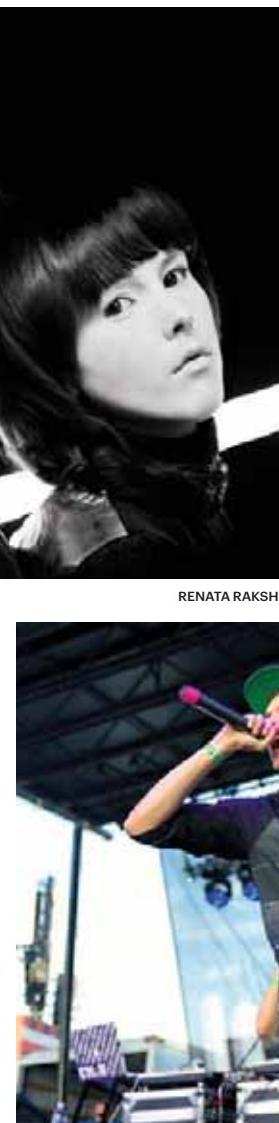
4 MonkeyJunk

Sunday, 8 p.m.
Monster Energy Stage
Blues, roots, rock

Local bluesers MonkeyJunk have become an Ottawa staple for blues and roots lovers across the nation's capital. The dirty, dusty guitar of Tony D, the smooth, spidery lyrics of Steve Marriner and the sledgehammer drumming of Matt Sobb creates the perfect trifecta of indie roots and blues. The Juno Award-Winning group lives in your backyard and they'll even step it up a notch at Bluesfest this year. William Shatner even calls MonkeyJunk "The Sultans of Swamp R&B." Serenade us, your heinesses.



CONTRIBUTED



CONTRIBUTED

5 Logic

Monster Energy Stage
Saturday, 9:45 p.m.
Rap, hip hop.

You won't have to walk far to get from great local hip hop in Buck N Nice, to hard, real rap from the streets of Maryland when rapper Logic takes over the mic on the Monster Energy Stage Saturday night. Surviving through a drug-riddled childhood, Logic is the real deal, rapping about real-life strife — nightmarish struggles he actually lived and breathed through. The Def Jam artist has a lot to say and with a headlining show at Bluesfest, there will likely be a lot packed in to hear him. Listen up, Ottawa.



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T.O. mayor trolls Senators fans



John Tory posted this picture on Thursday morning. TWITTER

PAN AM GAMES

Tory eyes our arena for big Toronto sign

Toronto Mayor John Tory was in a trolling mood Thursday morning as he tried to figure out what to do with a giant "TORONTO" sign that will soon need a new home.

The multicoloured sign is in-

stalled at Nathan Phillips Square for the Pan Am Games and will remain there for the rest of the year. But the city has to figure out where to put it after that.

Tory is fielding ideas. One suggestion of his: putting the sign outside the Canadian Tire Centre in Kanata, home of "those awful Ottawa Senators," as he calls them.

"How cool would the #TORONTOsign look in front of @

Senators @CdnTireCtr in #Ottawa @JimWatsonOttawa? #topoli #TO2015" he tweeted on Thursday.

A couple of things here. Firstly, that's confusing. The bus ride from downtown to the rink is really long, so some passengers might actually think they've made it to Toronto.

Secondly, we have a feeling the sign wouldn't last long. The arena parking lot is a short drive

from the Carp Road landfill.

Ottawa Mayor Jim Watson is on vacation, but he's still checking Twitter enough to respond with a dig at #deadraccoonTO — last week's dead Toronto raccoon that went viral.

"Can we have #deadraccoonTO instead? It would be better for tourism — it's more widely loved by the rest of Canada!" Watson tweeted.

MICHAEL WOODS/METRO

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ENVIRONMENT CANADA

Department name gone from Facebook



Michael Woods
Metro | Ottawa

noying," wrote another.

An Environment Canada spokesman said the Facebook page is changing names "to reflect a broader theme-based approach" as part of the government's web renewal initiative, which is consolidating 1,500 departmental websites into one website by the end of next year. The government launched Canada.ca in December 2013, the first step in that process.

"Environment Canada is a theme-lead department, responsible for the Environment and Natural Resources theme on canada.ca," spokesman Mark Johnson said in an email. "The changes to Facebook are reflective of a theme approach rather than a departmental approach. Mark Johnson, spokesman

In announcing the change earlier this week "to a broader theme account to discuss ways to conserve, restore and connect with nature," the department also listed seven department Twitter accounts to follow "for updates on what the Government of Canada is doing to help protect the environment."



A screenshot of the new page. FACEBOOK

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SUNNY D CITRUS PUNCH (1.3L)
Selected Types
Limit 4. After limit 1.29
Rest of Week 1.29



1.88 EACH
LAY'S
POTATO CHIPS 180g
Selected Types
Limit 4. After limit 2.99
Rest of Week 2.99



3.99 EACH
KRAFT
PEANUT BUTTER (750g - 1kg) or
SPREADS (500g)
Selected Types
Limit 4. After limit 4.99
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5

THINGS TO DO IN OTTAWA THIS WEEKEND

HALEY RITCHIE METRO

Bluesfest continues this weekend — but if you're worried about thunderstorms in the forecast or just tired of the crowds, here's what else is going on in the city.

2 Eel Celebration

If you only think of eels as slippery, creepy creatures that are great on the barbecue then let the Ottawa Riverkeepers change your mind on Saturday. There will be live eels, crafts, and lots of info on the American eel — a vulnerable species in Ottawa.

**3 Japanese Summer Festival**

If ice cream and eels aren't your scene, check out the 11th annual Japanese Summer Festival in front of City Hall on Sunday. There will be Japanese-Canadian performances, food, martial arts, sumo suits, kimonos and calligraphy demos from 11 a.m. until 4 p.m.

4 Asian Night Market

Expect a lot of food and a lot of crowds at Lansdowne's first-ever Night Market. The three-night evening festival will feature live music and new Asian tastes. Admission is free; the festival opens at 8 p.m. Friday.

**5 Eid al-Fitr**

The inaugural Muslim Summer Festival is taking place at the EY Centre starting Friday morning with an opening prayer at 8:30 a.m. All are welcome to attend and celebrate Eid al-Fitr — the end of Ramadan fasting.

1 Ice Cream Festival

The Ottawa Experimental Farm promises to take visitors from "cow to cone" at Sunday's on-site Ice Cream Festival. While the day's activities are education, there will also be lots of opportunities for ice cream making and tasting.



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The Ontario Special Investigations Unit's emblem is seen at its headquarters in Mississauga. THE CANADIAN PRESS

SIU slow to close cases

WATCHDOG

Police chiefs urge attorney general to resolve delay

Ontario's police chiefs and civilian oversight boards are urging the Attorney General to take action immediately to resolve an "unprecedented" delay by the province's police watchdog in closing cases.

The Special Investigations Unit, which probes incidents of police-related deaths, serious injuries and allegations of sexual assault, revealed this week that it closed only 33 per cent of cases within 30 days in 2014-15, the first full year under the tenure of director Tony Loparco.

That's well below the SIU's own performance standard of 65 per cent, as well as lower than the 73 per cent of cases

closed under Loparco's predecessor, Ian Scott, during his final full year in 2012-13.

"Citizens involved in these incidents as well as the public at large are left to wonder if and when the SIU will provide them with answers," reads a resolution adopted in June at the annual general meeting of the Ontario Association of Chiefs of Police.

"Meanwhile, the spectre of a criminal investigation hangs over the heads of the subject officers, their colleagues and their families for an inordinate length of time. Ultimately, police and public confidence in the system itself is eroding as rumour and innuendo fills the informational void."

The call to action was echoed by the Ontario Association of Police Services Boards in a letter sent to Attorney General Madeleine Meilleur last week, asking her to increase resources if necessary.

TORSTAR NEWS SERVICE

IN BRIEF

Driver charged after children hit while biking

Two children, aged 5 and 6, respectively were taken to hospital Thursday morning after being struck by a car while biking.

Police said the children were cycling with their mother when a driver failed to yield at the intersection of Dorchester Avenue and Silver Street near the Cen-

tral Experimental Farm. The mother was not hurt, but her five-year-old daughter was complaining about pain to her shoulder and back, while her son, 6, had cuts to his hand, nose and knee. Both children were wearing helmets.

The 34-year-old driver has been charged, police said.

HALEY RITCHIE/METRO

CRIME

Man faces charges after teens groped

A Montreal man has been charged following an Ottawa police investigation into reports of a man groping teenage girls from his car.

Robert Yancovitch, 29, is facing two counts of sexual assault. He's due to appear in court on Thursday afternoon.

Ottawa police say they have been investigating since they received reports of a man in-

appropriately touching girls in April, May and June this year.

The accused would allegedly drive up to the teenagers, lure them to the driver's side of the vehicle and grope them.

Police say similar incidents are under investigation in other regions, including Montreal and Longueuil, Que.

LUCY SCHOLEY/METRO

SHAKEN BABY

Father charged in assault on infant

A 25-year-old west Quebec man has been charged after provincial police say his two-month-old appears to have suffered shaken baby syndrome.

Police arrested the man Wednesday after the baby was found unconscious in Thurso, Que., about 50 kilometres east of Ottawa.

He was scheduled to appear at the Gatineau courthouse

Thursday afternoon.

The man, whose name is not being released to protect the identity of the baby, faces one count of aggravated assault.

Sgt. Marc Tessier, a spokesman with the Sûreté du Québec, said the baby was listed in critical condition.

Tessier said the investigation was ongoing.

JOE LOFARO/METRO

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Eateries stung by soaring food costs

FOOD AND DRINK

Restaurants contemplate raising prices to stay afloat

Canadians grown accustomed to paying more for groceries shouldn't expect to find cheaper prices in restaurants.

Quarterly figures from Restaurants Canada suggests that 65 per cent of the country's eateries report their food budgets are higher than they were at the same time last year. They say soaring prices for beef, pork and produce are eating into razor-thin profit margins. In order to keep up, 54 per cent of restaurants say they're expecting to raise their menu prices some time in the next six months.

That's up slightly from the previous quarter when 50 per cent of restaurants responding to the organization's outlook survey planned to raise their rates.

Spokeswoman Joyce Reynolds says restaurants don't make such decisions lightly, since price increases are an almost surefire way to keep business away.

"It's an extremely competitive industry, and they have

It's an extremely competitive industry, and they have very price-resistant customers.

Joyce Reynolds, restaurants spokeswoman

very price-resistant customers," Reynolds said in a telephone interview. "When they try to increase their prices, they find that customers aren't willing to pay them."

Food prices have been climb-

ing in recent months with the cost of beef causing particular consternation.

According to Statistics Canada data released earlier this month, the price at slaughter for 100 pounds of Alberta beef rose to

\$192.80 in May. That's a 36 per cent jump from May 2014 and now stands as the highest price on record. StatsCan figures also suggest the surge is not limited to domestic meat products.

The May consumer price index found that overall food prices had jumped 3.8 per cent from where they stood a year earlier. The year-over-year spike covered all food products.

THE CANADIAN PRESS

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Health-care protesters outside a meeting of Canada's premiers in St. John's, Thursday. ANDREW VAUGHAN/THE CANADIAN PRESS

Premiers to feds: Boost health funds

Canada's premiers are asking the federal government for more health-care funding, saying an increase would help transform the existing health-care system and offset the impact of an aging population.

A statement from Premier Paul Davis of Newfoundland and Labrador says the premiers are asking Ottawa to increase the Canada Health Transfer to cover at least 25 per cent of all health-care spending by the provinces and territories.

The statement released by Davis's office after Thursday's Council of the Federation meeting in St. John's says that each province and territory faces similar challenges, including increased overall health-care costs, a rising need for home and palliative care and support for "informal" caregivers.

"Premiers discussed the ... growing financial pressures population aging will have on their governments, particularly

regarding health care," reads the statement. "These financial pressures reinforce the need for the federal government to increase its funding for health care."

An emailed statement from Health Minister Rona Ambrose's office says the Conservatives have transferred the highest amounts in history to the provinces and territories for health care and are on track to reach \$40 billion annually by the end of the decade.

It says Ottawa will provide \$27 billion for health care over the next five years, and health funding was being increased at a higher rate than the provinces were spending it.

Outside the meeting, a small demonstration called attention to medicare funding. Debbie Forward, president of the Registered Nurses Union of Newfoundland and Labrador, said the federal government is not paying its fair share for health care. THE CANADIAN PRESS

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Senator to undergo review

GOVERNMENT

Ethics officer to review harassment allegations

The Speaker of the Senate says the upper chamber's ethics officer has been asked to look into Sen. Don Meredith over the results of an investigation into how he treated his office staff.

Leo Housakos publicly confirmed in a short statement Thursday morning that Meredith has been told he will undergo an ethics probe.

Housakos says he and other top senators on the Senate's internal economy committee felt it was "imperative" the investigation results be referred to ethics officer Lyse Ricard.

Depending on the outcome of the latest ethics review, Meredith could face penalties ranging from a forced public apology on the floor of the Senate — which is the punishment for former Conservative Pierre Hugues Boisvenu when he was found last year to have violated the Senate's ethics code — to

suspension without pay.

Sources told The Canadian Press Wednesday night that six former staffers who spoke with outside investigators made allegations of workplace harassment against Meredith, saying he was a bully, rude and unprofessional toward his staff.

There are also allegations of psychological harassment and sometimes making irrational demands of his staff.

The allegations in the investigation report remain unproven and none of the staffers who took part, nor any whose stories are included in the report, wanted to file a formal complaint against Meredith, sources say.

The Senate first ordered the investigation into Meredith's office in February after top senators, including former Speaker Pierre Claude Nolin, witnessed what they felt was a troubling turnover of staff in Meredith's office. The Senate's internal economy committee called in outside investigators to speak with former staffers and Senate human resources officials as well as Meredith himself.

Six staffers who left Mere-



The Speaker of the Senate says the upper chamber's ethics officer has been asked to look into Sen. Don Meredith, seen in this undated photo, over the results of an investigation into how he treated his office staff. THE CANADIAN PRESS

dith's office in the last four years and spoke with investigators are not identified in the report and only took part on the condition that their names be protected.

The investigators' report has

not been made public.

The former Conservative senator who now sits as an independent has not returned multiple requests for comment left for him on his Senate cell phone and at his Richmond

Hill home Wednesday night and Thursday morning.

Meredith is already under investigation by the Senate's ethics officer after published allegations last month that he had a sexual relationship with a 16-year-old girl.

The woman told Torstar News Service that Meredith initially believed her to be 18, but she told him her true age within six weeks of the pair's first meeting at a Black History Month event at a church in Ottawa.

The Torstar report said the woman, who is now 18, had sexually explicit online chats with Meredith and that the relationship progressed to kissing and touching before she turned 18.

The Toronto-area senator appointed by Prime Minister Stephen Harper quit the Conservative caucus after the allegations were published.

He has since faced calls for his resignation from senators of both stripes. Through a lawyer retained after the Torstar story was published, Meredith stated he fully intends to respect the internal procedures of the Senate. THE CANADIAN PRESS

IN BRIEF

More evacuees head home in Saskatchewan

More evacuees were heading back to their homes in northern Saskatchewan as firefighters gained the upper hand on wildfires threatening some towns and reserves.

Evacuation orders were lifted Thursday for several communities including Montreal Lake, Weyakwin and La Loche, a village of about 2,600 people.

About 1,000 residents returned Wednesday to other areas, including Pinehouse and Turnor Lake-Birch Narrows.

A higher-than-average number of fires this season forced about 13,000 people out of their homes in about 50 communities over the last three weeks. Fires have destroyed about 90 homes, many of which were seasonal cabins.

Flora Kraus told Saskatoon radio station CKOM that, after 18 days in a hotel in Prince Albert, she was glad to finally go home to Weyakwin. But she was also afraid of what she might find.

THE CANADIAN PRESS

FACEBOOK

Tories like country music

You might say they're a little bit country, a little bit Christian.

That's the profile that emerges of Conservative party supporters based on the books, music, movies and television shows they "like" on their Facebook pages.

Facebook Canada has analyzed the cultural preferences of Canadians who indicate support for one of the federal political parties. And it's found that Conservatives are a relatively unique breed, having little in common with Liberals, New Democrats and Greens whose preferences

'LIKES'

Favourite Tory movies:
God's Not Dead, The Fast and the Furious, Son of God, Transformers and Heaven Is For Real

often coincide.

The top five Conservative musical faves? Country singers Taylor Swift, Carrie Underwood, George Strait and Brad Paisley and Christian rock band

Casting Crowns.

The Conservative predilection for Christian themes is reflected in their choice of movies, books and films as well, although they're not averse to a little comedy or action flicks.

New Democrats and Greens both like The Daily Show, This Hour Has 22 Minutes and Democracy Now!, and they both put The Lord of the Rings in their top five movie picks while the trilogy of the same name and The Hobbit made their top five books. THE CANADIAN PRESS

ART

Racy mosaic raises eyebrows

A deceptively innocent-looking piece of art that actually includes graphic photographs of naked women having sex is raising eyebrows with Ontario's Progressive Conservatives, who say it should not be on display in a government office tower.

Sacred Circle VI by French-Canadian artist Rosalie Maheux is part of a collection of works by artists under the age of 30 on display in the lobby of an Ontario government office block in downtown Toronto.

The artwork looks like an interesting mosaic from a short distance away, but a closer view shows the piece is composed of what many would consider pornographic pictures of women engaged in various sex acts.

Maheux did not respond to requests for comment Thursday, but in a news release issued by the John B. Aird Gallery she defended her work as a feminist comment that was meant to be beautiful from afar but jarring up close.

"The use of pornographic im-

ages in the creation of these highly detailed patterns goes against the original meanings of the sacred circle by creating an ambiguous dialogue between attraction and repulsion, a common duality in pornography as well as in certain religious thoughts," said Maheux.

Progressive Conservative women's critic Laurie Scott said she was disappointed to see such explicit images of women on display in a government office, and doesn't care what the artist had in mind. THE CANADIAN PRESS

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Astronauts dodge debris

SPACE STATION

Team seeks shelter from space junk in Soyuz capsule

A piece of space junk forced the three space station astronauts to seek emergency shelter Thursday.

For nearly an hour, the American and two Russians hunkered down in their Soyuz capsule, which is docked to the International Space Station, in case they had to make a quick getaway. The fragment from an old Russian weather satellite ended up passing harmlessly, about 3 kilometres away.

"Happy there was no impact," NASA astronaut Scott Kelly said via Twitter. "Great co-ordination with international ground teams. Excellent training."

It's only the fourth time in the 16-year history of the space station that a crew has had to rush into Russian Soyuz for protection from potentially dangerous debris. The exact size of the object was un-



Astronaut Scott Kelly sits in a Soyuz simulator at the Gagarin Cosmonaut Training Center in Star City, Russia, earlier this year. BILL INGALLS/NASA VIA THE ASSOCIATED PRESS

known, according to a NASA spokesman.

Normally, NASA learns about incoming junk sooner, and the space station moves out of the way. But there wasn't time for that Thursday; the crew was notified just 1 1/2 hours in advance.

The three men were already up and working when Mission Control ordered them into the Soyuz on Thursday morning.

They did not need to put on their Soyuz flight suits, and there was no rush, said NASA spokesman Dan Huot.

The all-clear came 1 1/2

hours after the initial alert, around 8 a.m. It took the astronauts more than an hour to get their 400-kilometre-high home back to normal operation, following the "shelter in place," as NASA calls it. Research work that was interrupted will be rescheduled, according to Mis-

sion Control.

Kelly and his Russia roommates, Mikhail Kornienko and Gennady Padalka, are getting used to junk in their neighbourhood.

Twice since the trio arrived in March, the space station has had to dodge pieces of orbiting debris, in April and June. Three more men are due to arrive next week.

The last time a station crew had to jump into their Soyuz for protection was in 2012.

Space junk is at an all-time high because of all the clutter in orbit, the result of accidentally colliding spacecraft, exploding satellites and rocket stages, and deliberate run-ins ordered up as tests by China and the United States several years back. Just last February, a U.S. military meteorological satellite blew up, presumably because of a failed battery, scattering dozens of pieces of debris.

The Defence Department is currently tracking about 22,000 dead satellites, spent rocket bodies and all other forms of orbital debris.

THE ASSOCIATED PRESS

COLORADO

Theatre shooter guilty

Colorado theatre shooter James Holmes was convicted Thursday in the chilling 2012 attack on defenceless moviegoers at a midnight Batman premiere after jurors swiftly rejected defence arguments that the former graduate student was insane and driven to murder by delusions.

The 27-year-old Holmes, who had been working toward his PhD in neuroscience, could get the death penalty for the massacre that left 12 people dead and dozens of others wounded.

The initial phase of Holmes' trial took 11 weeks, but it took jurors only about 12 hours to decide all 165 charges. They must now decide whether Holmes should pay with his life.

The verdict came almost three years after Holmes, dressed in body armour, slipped through the emergency exit of the theatre in suburban Denver and replaced the Hollywood violence of the movie The Dark Knight Rises with real human carnage.

THE ASSOCIATED PRESS

BUG BOUNTIES

Hackers score million air miles

Two hackers have scored a million frequent-flier miles each on United Airlines for finding security holes in the airline's computer systems.

The awards were made under a security program that United started in May. Technol-

ogy companies have offered so-called bug bounties, but they are unusual in the transportation industry.

United spokesman Luke Punzenberger said Thursday that two people have received the maximum award of 1 mil-

lion miles each and others got smaller awards. A million miles is enough for several first-class trips to Asia or up to 20 round-trips in the U.S.

Punzenberger declined to say what kinds of flaws the hackers found. THE ASSOCIATED PRESS



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IN BRIEF**No trial for mom who let daughter sip margarita**

A woman accused of allowing her 2-year-old daughter to sip her margarita at a restaurant in Salem, Mass. has avoided trial and possible deportation to Haiti.

Charges against Sheldy Newlson, 42, will be dismissed if she takes a parenting class, passes alcohol tests and complies with orders from child welfare officials.

THE ASSOCIATED PRESS

Man unharmed after train runs over him

Police say a man escaped injury after being run over by a freight train while sleeping in the middle of railroad tracks in the state of New York.

Police say a freight train more than a mile (1.6 kilometres) long approached the drunk and unconscious 38-year-old Aaron Collins around 10:30 p.m. in upstate New York. The conductor spotted him on the tracks

and stopped the train, but not before the first two engines passed over him.

THE ASSOCIATED PRESS

Peeping Tom bar chain owner pleads guilty

The president of a chain of Maryland taverns has pleaded guilty to secretly videotaping women in the restroom.

Thirty-seven-year-old Kyle Muehlhauser of Severna Park pleaded guilty to two counts of recording in a private place

with prurient interest. He entered the plea Thursday in and was sentenced to 90 days in jail.

Police say their investigation began in May 2014 after a woman said she was in the restroom at a bar when a digital video camera fell to the floor. Footage on the camera showed a man placing the camera in the bathroom and six women who were secretly recorded.

THE ASSOCIATED PRESS

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German Chancellor Angela Merkel comforts a crying Palestinian girl threatened with deportation on Thursday in Rostock, northern Germany, after the leader discussed the challenge of asylum applications. STEFFEN KUGLER/AFP, GETTY IMAGES

Chancellor under fire

GERMANY

Refugee girl cries when told why she might be deported

aren't certain.

As Merkel outlined her government's desire to speed up asylum decisions so all applicants receive a verdict within a year, the teen burst into tears. After a brief hesitation, Merkel walked over to comfort her.

"I know it's a difficult situation, but I still want to give her a pat," the chancellor said.

Merkel's office said the chancellor didn't speak to the girl, identified only as Reem, after the event.

But Merkel's blunt words about swiftly deporting those whose asylum applications are denied drew harsh criticism.

"The mistakes in the government's refugee policies can't be patted away," tweeted Katrin Goering-Eckardt of the opposition Green party.

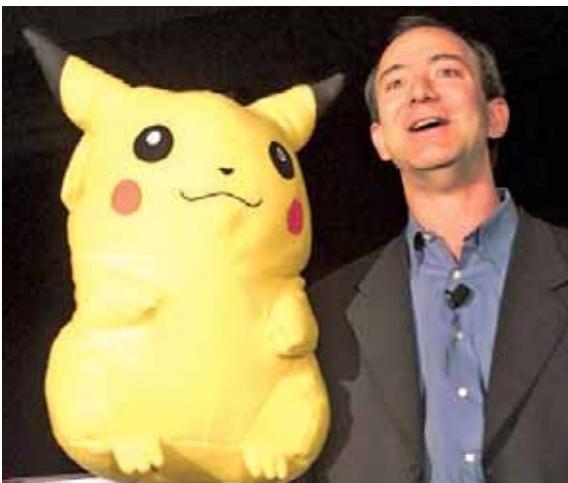
Others said Merkel had reacted compassionately and it was her job to explain government policy on asylum.

Germany has seen a sharp rise in refugee numbers in recent years. Figures released this week showed that 179,037 asylum applications were filed in the first six months of 2015, more than twice as many as the same period last year. THE ASSOCIATED PRESS



I know it's a difficult situation, but I still want to give her a pat.

Chancellor Angela Merkel



E-COMMERCE AMAZON TURNS 20 Amazon CEO Jeff Bezos, along with his stuffed Pikachu Pokemon doll, discussing the company's expansion at a New York news conference in 1999. The company, which launched July 16, 1995, began as an online bookseller. But as it celebrates its 20th anniversary, the company has evolved into an e-commerce powerhouse, making \$89 million in annual revenue. RICHARD DREW/THE ASSOCIATED PRESS

Striking a balance

Health

Poll says 40% of Canadians will work on their vacations

It appears a majority of working Canadians don't mind handling work-related matters on their own time — except during vacations, according to an online survey published Thursday.

The Randstad human resources advisory firm says 59 per cent of the adult Canadian employees surveyed in April and May said they didn't mind handling work-related matters on their own time.

That number dropped to 40 per cent when it came to vacations, although Randstad says there was a big difference between the sexes — with men much more likely than women to say they choose to do work during their holidays.

It says 60 per cent of the men surveyed said they felt pressured by a boss to be available by email or phone while on vacation, compared with 45 per cent of the women surveyed.

Randstad Canada's Faith Tull says employers have a responsibility to help employees strike the right balance, which she says is essential to keeping them motivated, and to avoid exhaustion.

"We need to encourage them to disconnect completely from time to time, and be careful as managers not to blur the lines between home and work," Tull says.

Randstad says its survey is conducted four times a year in 33 countries, with at least 400 interviews per country it covers. Respondents are aged 18 to 65 and work at least 24 hours per week in a paid job.

The polling industry's professional body, the Marketing Research and Intelligence Association, says online surveys cannot be assigned a margin of error. THE CANADIAN PRESS

In brief

Court rules against Bell; company loses bid to have 911 decision overturned

Bell Mobility Inc. has lost its bid to overturn a ruling that held it liable for charging customers in the northern territories a 911 fee without offering the service. A trial judge ruled Bell Mobility had breached its contractual obligations, a decision that was upheld by the appeal court. THE CANADIAN PRESS

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Online shopping

PayPal, eBay forecast the journey ahead

Once eBay and PayPal split up today, they'll face different challenges than they did as a combined company.

E-commerce company eBay first said in September 2014 it would split off its payments unit PayPal, in order to focus on growing their profits individually.

In a call after the two units posted quarterly profits that topped Wall Street's expectations, PayPal President Dan Schulman and eBay President Devin

Wenig each outlined their plans following the split:

eBay

eBay now is focusing on reinvigorating its marketplace business, which includes the e-commerce arm of eBay. It stumbled last year when it had to deal with a change in Google's algorithms that made eBay products come up in search results less often.

Wenig said the company is asking sellers to include more

detailed descriptions in their product listings to help improve search results. Wenig said the company is also focusing on gaining traffic through social media: "Our absolute priority is to improve our competitiveness and drive more stable profitable growth over the long term," Wenig said.

PayPal

PayPal's goal going forward is to get more merchants to accept

its payments in stores. It also wants PayPal users to pay with the service two or three times a week rather than two or three times a month. PayPal also plans to grow internationally via its acquisition of Xoom.

"We believe our technology platform, global reach can move PayPal from being an occasional transaction to being an integral part of consumers' financial lives," Schulman said.

THE ASSOCIATED PRESS

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VIEWS

The journal Science praised B.C.'s efforts to track and treat HIV/AIDS but said the province should try preventative drugs for those at risk.

THE KOHLER REPORT: ON ARMPIT HAIR AND DOUBLE STANDARDS



What upsets me most about my uneasiness with pit fuzz is that I wasn't just being fastidious, I was being sexist.

stocks and I have never once paid money to have any of my body hair removed from ... my body. (Okay, that's not true; I once paid to have my eyebrows threaded, which resulted in me looking frightened for two weeks.)

My point is, aside from some highlights, a mild-to-serious mascara addiction and a penchant for the Venus razor, I'm pretty low maintenance. Live and let live, grow and let grow! So why, upon seeing a few ladies in my neighborhood sporting underarm-growth, have I been, for lack of a better term, grossed out?

What upsets me most about my uneasiness with pit fuzz is that I realize now I wasn't just being fastidious, I was being sexist.

A few weeks ago, I was talking to some friends about a woman who works at my local coffee shop. She often wears

tank tops and has hairy pits. I said to my friends, "I mean, I don't care if you grow out your pits, but like, if you work in a restaurant, wear sleeves." One of my friends suggested I only felt that way because it was a woman. I protested that NO, I'd think it was gross either way.

You can imagine my horror when my friend pointed out that for the past two hours we'd been attended by a male server, with hairy armpits, wearing a tank top. The only thought I'd had about him was that he kind of resembled a turtle. I had indeed not noticed his pit hair.

Side note: my sexism aside, if you work in a bar/restaurant/coffee shop, man or woman, and you haven't mowed recently, wear sleeves! Or at least little underarm hairnets. ("I ordered cherry pie, not hairy pie!")

I'm not going to beat myself up too much. A quick Google search will teach you that women started shaving their armpits around 1915, when sleeveless dresses were introduced. I grew up in a world where most women (at least in North America) shave(d) their armpits. So, while the "me" I know doesn't think women should feel the need to shave, it doesn't mean the sight of hairy pits won't be jarring at first. (The first time I saw skinny jeans, I threw up in my mouth. Now a boot cut makes my skin crawl.)

If women are in the process of knocking an unnecessary chore off our socially constructed to-do list, then I say go for it. I don't know if I'll jump on board right away (I have a giant box of razors I got at Costco, so ...), but I will definitely make an effort to get to the point where, upon seeing a bushy pit, I'll be saying things like, "You go, girl!" And eventually — as I did with Mr. Turtle — I won't even notice.

Rebecca Kohler is a standup comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler

metroview

How I satisfied my spiritual hunger with urban foraging



Mila Petkovic
Metro | Toronto

The wilderness of Toronto's High Park is my habitat, and this eager urbanite is on the hunt. With one swift flick of my pocket knife, I cut the red flower cluster of a stag-horn sumac away from the branch and tuck it into my bag. "I must look strange," I chuckle to myself. Next stop: the mulberry tree.

What am I doing? Why, an action as old as time. Only now it has a 21st-century pet name: urban foraging.

Our built environment abounds with wild edibles. It has certainly changed the way I look at weeds and walk through the world. City parks, ravines, lawns and gardens hold the key to some of my favourite treats: blackberries, mint, lavender and even morel mushrooms at the right time of year. The sumac I harvested can be made into a tasty lemonade-like drink chock-full of vitamin C.

It all started when I decided to leave my full-time office job to pursue a freelance career. One side effect of this decision (besides financial uncertainty) is more time to do the things I love, including reconnecting with the life force that fuels my everyday existence: food.

Our industrialized food system delivers us goods in boxes from around the world. Many of us don't know what the sources of our foods look like (cashew

trees anyone?) or whether they were sustainably grown. Food is literally medicine, but the grind of fast-paced modern life has many of us crunched for time and turning to microwave dinners containing unpronounceable ingredients for relief. Our natural connection to the ecosystems that sustain us is being destroyed, and we are left out of touch, disempowered and even sick.

Foraging, gardening, hitting up the farmers' market and even the simple act of preparing our own meals is a challenge to this paradigm, and consciousness is shifting. Urban agriculture projects and grassroots initiatives like Not Far From the Tree (a Toronto group that pairs up volunteer pickers with landowners and splits the harvest with food banks) are taking root. Organic, local and free range are the hot items in the food world now, though not everyone can afford them.

Perhaps it is a profound need to reconnect with the earth that drives me to forage. Maybe it's the sheer joy of discovering a ripe fruit or the tactile satisfaction of plucking it directly from the vine. Or better yet, the sense of community created by sharing a jar of homemade jam. It's true what they say: some of the best things in life are free.

Where's the line between art and porn? Visit metrone.ws.ca to answer our poll and have your say.

Happy face/Sad face

From medical mishaps to culinary country foods, Metro weighs in on the news making headlines this week



Baby boy who?

Parents-to-be who can't make up their minds often end up with their offspring temporarily named "baby boy Bartkowicz" or "baby girl Smith" during their hospital stay. That's a problem, says a study in the journal Pediatrics. Generic names increase the risk of mixing up pint-sized patients. Retract-and-reorders — an indication of medical error — decreased 36 per cent when distinctive names were used. All the more reason to get your child's name ready well in advance. SOURCE: NPR



In a homecoming of sorts, Rich Francis, a renowned Northwest Territories-raised, Ontario-based chef from the Gwich'in First Nation, just finished a one-week residency in Iqaluit. He cooked a high-class meal with local ingredients (called country foods) to raise money for kids in need. His Northern delights included crispy Arctic char, maktaaq (whale blubber), red berries and Labrador tea. More than \$6,000 was raised for a free breakfast program in Iqaluit schools. SOURCE: NUNATSIAQ ONLINE



Pay it forward (70 years)

A 95-year-old Jewish man who was rescued from Nazi-occupied Austria when he was a child is helping Syrian Christians escape the clutches of ISIL. Lord George Weidenfeld says he wants to repay his debt because Quakers and Irish evangelicals helped him escape to Britain in 1938. Weidenfeld paid for 150 Syrians from areas under attack by the terror group to be flown by private jet to safety in Poland. He hopes to help 2,000 in all.

SOURCE: THE INDEPENDENT



Lights out for solar plane

The Swiss team trying to fly a fully solar-powered plane around the world is grounded for the rest of the year. Their Solar Impulse aircraft's batteries were damaged on the last leg of the journey from Japan to Hawaii, where the plane will likely stay until April 2016. Then, if all goes well, it will cross the American continent, the Atlantic and head back to Abu Dhabi, UAE, where the circumnavigation began in March. The first 7,200 km of the whirlwind world tour was completed in just 118 hours.

SOURCE: BBC

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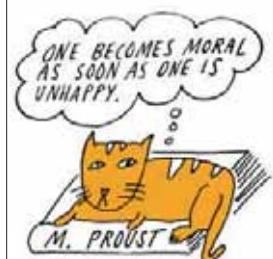
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Your essential daily news

Justin Bieber developing "futuristic" sound for "very personal" new album



Amy Schumer, who co-wrote and stars in the film, cast friends and fellow comedians (including Bill Hader, pictured) to star alongside her in *Trainwreck*. HANDOUT

Amy Schumer's got the ticket

TRAINWRECK

Schumer creates great roles for great comedians

IN FOCUS

Richard Crouse



funny supporting cast, many of whom are Schumer's Manhattan comedy peers.

"I got to give my friends work," Schumer, who also wrote the script, says, "and they did great in it."

Colin Quinn and Dave Attell are two standups and friends who make big impressions in the film.

"I consider Colin to be like, in vampire terms, the maker," says Attell.

Quinn, a legendary comedian and former SNL Weekend Update anchor, co-stars as Amy's father, a cranky old man with an attitude and a possible drug problem.

"With actors, it's not about the lines, it's about the behaviour," says Quinn. "With

us, it's just about the words. We love it, so if you come up with something funny and it's quiet behind the camera and they yell 'Cut' and everybody starts laughing, that's the best.

"In so many things it's not about the words, but in stand-up, it's all about the words, the order of the words. I feel more than any other art form, the audience matters so much. You have this contentious relationship with them, but they are so much a part of it. I feel like musicians get together and they jam with one each other. We need the crowd to jam. To rehearse."

Attell is a club veteran, best known for his TV show *InSomniac* with Dave Attell and dark-edged lines like, "You

know, men and women are a lot alike in certain situations. Like when they're both on fire — they're exactly alike."

In the movie, he plays a homeless man who talks to Amy everyday.

"This is the character, of the four characters that I've ever played in movies, that is most like me," he says. "That's me in five years. That's me after the last season of *Last Comic Standing*, physically and emotionally."

"I've been in like, three other movies, and this movie was the most fun. You show up and they want you to riff around and you go for the jokes and you keep going until you feel you got it. I love that, especially for people who

that hostile audiences fuel them creatively.

"When it's not going well, you still have to do the job and that's what makes it a job," says Attell. "That's also often when you come up with the most enlightening stuff, in the tough crowd moment."

Quinn may prefer live venues but according to Jimmy Fallon he may have more movie work coming his way. The Tonight Show host predicts an Oscar nomination for the comic's work in the film.

"Why not?" Quinn deadpans. "I wasn't expecting one but an Academy Award would not affect me now, because after I didn't get nominated for *Grown Ups 2* I feel like it's a rigged game."

MOVIE RATINGS

by Richard Crouse

Ant-Man	★★★★
Trainwreck	★★★★★
Mr. Holmes	★★★★

HOW RATING WORKS

★★★★	SEE IT
★★★	WORTHWHILE
★★	UP TO YOU
★	SKIP IT

In *Trainwreck*, a new comedy directed by Judd Apatow, Amy Schumer plays a promiscuous New Yorker who finds love.

It's a side-splitting movie that will be Schumer's big-screen breakout, but the film is also populated by a very

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MOVIE NEWS**Julianne Moore to leave Can You Ever Forgive Me?**

Actress Julianne Moore has left director Nicole Holofcener's *Can You Ever Forgive Me?*, citing creative differences, according to a report from *Variety*. Executives have begun the search for a replacement for Moore. The drama, co-starring Chris O'Dowd, was to begin shooting in one week. Moore will soon be appearing in the October drama *Freeheld*, and *The Hunger Games: Mockingjay — Part 2* in November. AFP

Cody Walker lands his first major film role

Cody Walker, brother of the late Paul Walker (*The Fast and Furious*) has just landed his first significant role in a feature film directed by Mario Van Peebles. The Walker brothers Cody and Caleb stood in for their sibling Paul after his death in a car accident in 2013. Now, it has been announced that Cody has been selected for his first major role in *USS Indianapolis: Men of Courage*, a feature film based on a true story from the Second World War. AFP

THE TV DINNER JESSICA ALLEN

Everybody is talking about Amy Schumer. She's written and stars in her first feature film, *Trainwreck*, which opens Friday. And her Inside Amy Schumer TV sketches, from the *Friday Night Lights* parody of rape culture to the 12 Angry Men reenactment where a roundtable of men vote on the comic's sex appeal, seem to go viral once a week.

The chatter, however, isn't all cheerful: Like clockwork, the 34-year-old's comedy was placed under a sometimes excruciatingly exacting PC lens. Schumer, who has made a career out

I can commit to the comedy of Amy Schumer who, coincidentally, plays a commitment-phobe in *Trainwreck*. But I couldn't commit to dinner

of making fun of thick-headed ideas — and the people who hold them — has recently been the subject of endless think pieces on whether or not she is a feminist. Some so entirely missed the mark that they read like a Schumer sketch.

More murky is the subject of race: After a writer for the *Guardian* suggested that Schumer has "a shockingly large blind spot around race," the comedian first defended herself on social media and then apologized: "I am evolving as an artist," she tweeted. "I am taking responsibility and hope I haven't hurt anyone."

Still, more think pieces followed, including one from the *Washington Post* titled: "Don't believe her defenders. Amy Schumer's jokes are racist." It was written by a woman who'd read the *Guardian* piece but had

THE PERSONALITY: Amy Schumer

never actually seen any of Schumer's comedy — not one sketch or standup routine.

But Schumer appears to be taking the backlash in good stride: "It's nice to have a break from being

THE MEAL: A little bit of everything

called fat for a while," she recently told the *New York Times*.

But I worry it'll take a toll: As soon as a comedian worries about offending someone, the joke is on them — or maybe us.

I can commit to the comedy of Schumer who, coincidentally, plays a commitment-phobe in *Trainwreck*. But I couldn't commit to dinner on Sunday night. Fish? Pasta? Pork chops, again? So I prepared what has become a regular standby: Take your favourite foods, some of which have no business being on the same plate, and call it a meal.

That meant grilling haloumi, garlic scapes and slices of baguette on the barbecue, mashing up avocado with Maldon salt and lemon juice, draping prosciutto onto a plate and tossing halved cherry tomatoes in olive oil. When I discovered half a bag of arugula in the fridge just before we ate, I was beside myself because now it was healthy.

But was it dinner? Sure. It was a little bit of everything, for everyone — which is what plenty of people want from Schumer. Only problem is, kowtowing to the masses isn't always funny.

Jessica Allen is the digital correspondent on CTV's *The Social*.

GoT reigns with 24 Emmy noms

TELEVISION

Nominations recognize diverse talent

The elaborate fantasy saga *Game of Thrones* received a leading 24 Emmy Awards nominations Thursday, its stature apparently untouched by backlash over a female character's rape scene.

The series is a contender

again for top drama honours, an award that has eluded it since it debuted in 2011.

The TV academy took a modest step toward recognizing TV's increasing embrace of diverse TV talent, giving best actress nods to black stars Taraji P. Henson for *Empire* and Viola Davis for *How to Get Away with Murder*.

"This is what it's supposed to be like. You should recognize actors and creative people in this industry from every

level of all colours who do great work," Queen Latifah said.

The nominations set up the possibility of a history-making win: An African-American actress has never won the top drama acting award. "I gotta win! I gotta win for history!" an exuberant Henson said in May when asked about the prospect during an *Empire* panel.

However, two-time nominee Kerry Washington, the black

star of *Scandal*, was left out this year.

Family comedy "black-ish" earned an acting bid for star Anthony Anderson, but failed to gain a best series nomination.

Also snubbed: freshman hit hip-hop-family drama *Empire*, which was left out of the best drama series category, and series star Terrence Howard, who failed to get a best drama actor bid.

Instead, voters gave nods to favourites such as *Mad Men* star Jon Hamm, Kevin Spacey of *House of Cards* and newcomer Bob Odenkirk for *Better Call Saul*. The prequel to the now-concluded *Breaking Bad* earned a best drama bid in its first season out.

Gina Rodriguez, the standout Latina star of *Jane the Virgin*, failed to get a comedy acting nod despite winning a Golden Globe award for her performance.

The relatively expansive ethnic diversity that TV offers — compared to movies, which honoured only white actors this year — also is in play when it comes to sexuality. *Transparent* and Jeffrey Tambor's portrayal of a transsexual's life received best comedy series and acting bids. THE ASSOCIATED PRESS



Emilia Clarke, seen here in *Game of Thrones*, was nominated for an Emmy Award for outstanding supporting actress in a drama series for her role on the show. HBO/THE ASSOCIATED PRESS

CANADIAN EMMY CONTENDERS

Maslany finally gets nod for *Orphan Black*

Kudos poured in from the *Clone Club* and celebrities alike on Thursday as Tatiana Maslany got her first Emmy Award nomination for her widely acclaimed performance on *Orphan Black*.

"Ahhhhh!!! #notsnubbed," fellow Emmy nominee Amy Schumer wrote to Maslany on Twitter, where the "Orphan Black" star was trending in the U.S.

The 29-year-old Regina native is up against some heavy hitters in the outstanding lead actress in a drama series category.

Her Emmy competition includes Taraji P. Henson for *Empire*, Claire Danes for *Homeland*, Robin Wright for *House of Cards*, Viola Davis for *How to Get Away with Murder* and Elisabeth Moss for *Mad Men*.

Maslany was one of several Canadians nominated Thurs-



Canadian actress Tatiana Maslany picked up her first Emmy nomination as she was named in the best TV actress in a drama category for *Orphan Black*. NATHAN DENETTE/THE CANADIAN PRESS

day, with others including Semi Chellas, Jeremy Podeswa and Michael J. Fox.

Chellas, from Calgary, picked up her fifth Emmy nomination for *Mad Men*, in the best writing in a drama category.

Toronto-born Podeswa is nominated in the best direction in a drama category for his work on *Game of Thrones*.

Edmonton native Fox is nominated in the best guest actor in a drama category for his role on *The Good Wife*. THE CANADIAN PRESS

Ahhhhh!!!
#notsnubbed

Amy Schumer wrote to Tatiana Maslany on Twitter, where the *Orphan Black* star was trending in the U.S.

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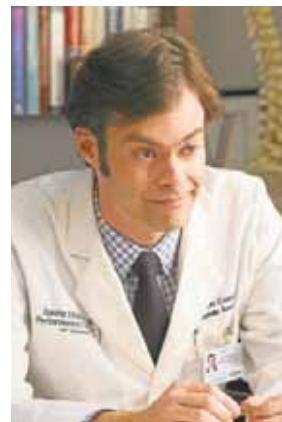

ACTION & ADVENTURE
Ant-Man

Director: Peyton Reed
Starring: Paul Rudd, Michael Douglas

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ROTTEN TOMATOES™ SCORE

Critics: 78% Audience: 98%


COMEDY
Trainwreck

Director: Judd Apatow
Starring: Amy Schumer, Bill Hader

Since she was a little girl, it's been drilled into Amy's head by her rascal of a dad that monogamy isn't realistic. Now a magazine writer, Amy lives by that credo — enjoying what she feels is an uninhibited life free from boring romantic commitment — but in actuality, she's kind of in a rut.

ROTTEN TOMATOES™ SCORE

Critics: 94% Audience: 96%


DOCUMENTARY
Amy

Director: Asif Kapadia
Starring: Yasiin Bey, Mark Ronson

One of the biggest music icons in British history, Amy Winehouse was a pop star with soul, a once-in-two-generational musical talent whose appeal crossed cultural and demographic boundaries. But while her music made her a star, her chaotic personal life stole headlines.

ROTTEN TOMATOES™ SCORE

Critics: 97% Audience: 92%


DRAMA & ROMANCE
Suite Française

Director: Saul Dibb
Starring: Margot Robbie, Michelle Williams

Based on the bestselling book by Irene Nemirovsky and set during the German occupation of France in the 1940s, Suite Française tells the story of Lucile Angellier as she awaits news from her husband, a prisoner of war. A story of the power of love and the tragedy of war.

ROTTEN TOMATOES™ SCORE

Critics: 76% Audience: 89%


MYSTERY & SUSPENSE
Strangerland

Director: Kim Farrant
Starring: Nicole Kidman, Joseph Fiennes

New to the remote Australian desert town of Nathgari, the Parker family is thrown into crisis when Catherine and Matthew discover that their two teenage kids, Tommy and Lily, have mysteriously disappeared just before a massive dust storm hits the town.

ROTTEN TOMATOES™ SCORE

Critics: 34% Audience: 31%


DRAMA & COMEDY
Infinitely Polar Bear

Director: Maya Forbes
Starring: Mark Ruffalo, Zoe Saldana

Maya Forbes' autobiographically inflected Infinitely Polar Bear stars Mark Ruffalo as a man who suffers from bipolar disorder, as he attempts to rebuild a relationship with his two daughters and win back the trust of his wife.

ROTTEN TOMATOES™ SCORE

Critics: 81% Audience: 78%





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Lessons from Manitoulin Island

A bird's-eye view of Gore Bay, on Manitoulin Island in Northern Ontario. ISTOCK

CANADA

First Nations experience is intimate and enlightening

ON THE MOVE
Loren Christie

Learning about foreign cultures is often part of people's travel experience. However, I am not so sure that when Canadians

travel at home we are investing the same energy into discovering the cultures of our First Nations people.

A trip to Manitoulin Island earlier this summer made me realize those who do not work an element of aboriginal tourism into their vacation plans are missing out on something unique and wonderful.

Located in Northern Ontario, Manitoulin Island is a two-hour drive from Sudbury or a seven-hour journey from Toronto, including a ride aboard the MS Chi-Cheemaun ferry. When you arrive, you are aware that

something is different here; Small towns are surrounded by rugged natural beauty, permeated by a slower pace of life and a friendly warmth. It seems like every bakery, restaurant or gas station is named after its owner, allowing for an immediate connection with the person serving you.

Eight First Nation communities, all part of the larger Anishinabe nation, inhabit the island and the Sagamok region, which extends onto the mainland to the north. Together they make up the Great Spirit Circle Trail, which is not really

a trail, but rather a collection of attractions and activities offered to visitors, including a summer-long rotation of powwows.

The traditional powwows are a social and ceremonial celebration of life held over two days throughout the summer and are free of charge.

My Great Spirit experience started with a traditional smudging ceremony to bless

our day, led by local Ojibwe guide Steven Antoine. During a canoe trip on Lake Mindemoya, he shared with me the lore of the land, which included the creation of the "grandmother" island in the middle of the lake.

After our time on the water, we went on a medicine walk, where I learned the healing properties of various plants as well as some practical

tips; Cedar tea is delicious and white birch bark will remove sticky sap from your skin.

My favourite experience was Steven teaching me how to make my own drum out of deer hide. The drum, I learned, is the one common element among all First Nations people across Canada, representing the heartbeat of Mother Earth.

After a day of doing and learning, I felt slightly humbled, but more embarrassed — why had I waited this long to experience a fascinating culture that is an integral part of our country?

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5

COOL THINGS TO DO IN BERLIN

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**Prolog and Pharaos Space,
New Museum.** DOUG WALLACE



Arena Berlin and Badeschiff floating pool bar. PHILIP KOSCHEL

1 Step back in time

While Berlin itself is very in tune with its past, Museum Island is really steeped in history. Much of this five-museum complex has been cleverly restored since the Second World War, and now houses centuries of priceless art and cultural artifacts. The New Museum holds Early History collections and Egyptian treasures, including the famous 3,300-year-old bust of Nefertiti, while the Pergamonmuseum features reconstructions of massive archeological structures. SMB.museum



Tiergarten beer garden.
DOUG WALLACE



**The shops at Hackesche
Höfe.** DOUG WALLACE



Strandbad Wannsee.
WOLFGANG SCHOLVIEN

2 Stay up late

Hip Berliners step out around midnight. The Kreuzberg area's Watergate nightclub, at the south end of the Oberbaum Bridge, has dance floors both inside and outside, with an amazing view of the River Spree. Be sure to do both sides of the river, crossing north into the Friedrichshain district to Revaler Street, which is teeming with clubs and bars. An outdoor concert at Arena Berlin in front of the Badeschiff beach bar makes for a perfect summer night. VisitBerlin.de

3 Hit a beer garden

The stereotyping is real: Beer-drinking on picnic tables is a national pastime. What's great about this tradition is both the simplicity and the inclusivity, with everyone from university kids to retirees hunkering down to plates of hearty fare, mugs in hand. Nowhere is that more evident than at Café am Neuen See in the heart of the Tiergarten Park, a romantic lakeside retreat in the middle of town — and one of the best spots to people-watch. CafeAmNeuenSee.de

4 Get some retail therapy

For shopping, head to the Kurfürstendamm, one of the most elegant boulevards in the city, lined with all the big-name shops. Rounding the corner onto Tauentzien Street, you'll soon hit the Kaufhaus des Westens (KaDeWe), the largest department store in Europe. Find time to also visit both the Friedrichstrasse and the Hackesche Höfe, a series of interconnected courtyards north of the River Spree that date back to the early 1900s. Kurfuerstendamm.de, Friedrichstrasse.de, Hackesche-Hoefe.com.

5 Head to the beach

Almost one-third of Berlin is either parkland or water, so it would be a shame not to take advantage of it. Rent a bike and head southwest over to the Strandbad Wannsee on the eastern shore of Wannsee Lake, the largest inland beach in Europe at more than 1,000 metres long. Find water-slides, boat rentals, volleyball, soccer, trampolines and private cabanas. This Cultural Heritage site has been packing them in for more than 100 years — including the nude bathing section.

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TRAVEL NOTES EASY INTERNET, SAVINGS AND HAWKS

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Save up to 10 per cent on Trafalgar's new 2016 guided tours of Hawaii, with early payment discounts of up to \$1,200 per couple when you book and pay by Nov. 19. Four itineraries let you sink your toes in the sand of Oahu, Hawaii, Maui and Kauai, with four-star hotels and the company's Be My Guest local experiences. Visit Trafalgar.com

Hands-on falconry

The Equinox Golf Resort & Spa in Manchester Village, Vt., is offering summertime guests a chance to get even closer to nature. The on-site Green Mountain Falconry School teaches visitors about hawk training and hunting methods. The resort also has a Land Rover driving experience and fly-fishing lessons. Visit EquinoxResort.com



The sun goes down on Lahaina in Maui, Hawaii. TIM STEWART



The Whitworth Art Gallery in Manchester, England. KATHY BUCKWORTH FOR METRO

Manchester reveals its soul

ENGLAND

City protects historic sites amid current shops, eateries

Kathy Buckworth
For Metro

"It's really hard to get lost in Manchester," our walking tour guide Jean advised us as we walked this most walkable city. "And you can always find a pub to sit down at and have a pint if you get tired."

In a nutshell, it describes this reinvigorated, yet historic city. Nicknamed "The Original Modern City," Manchester strives to protect its past — incorporating the many cotton mills which were the main source of industry in the city for many years, into its current cityscape — while transforming itself into a city of art, culture, cuisine and sport.

The best examples of this are the two English Premier League football (soccer) teams, Manchester United and Manchester City. Extreme rivals, their stadiums are housed at opposite ends of the city, the sport comes together at the Football Museum.

The downtown core houses a population of only about 50,000 (versus the greater



University of Manchester.
KATHY BUCKWORTH FOR METRO

Manchester area, which is closer to 2 million) as there weren't traditionally residences located in what used to be a fairly derelict area until the mid-'90s.

Now, buildings have been renovated specifically to attract a younger demographic of students and newly employed graduates.

The city is booming with restaurants, boutiques, and a vast array of vintage clothing

IF YOU GO
Air Transat flies to Manchester from Toronto, Calgary and Vancouver.

shops. The most well-known is Afflecks, which has vintage and gothic clothing, jewelry, piercings and tattoo offerings spread over five eclectic floors.

The arts scene is thriving, as well, with museums and galleries offered free to the public, including the renowned Whitworth Art Gallery.

The food scene in Manchester has exploded beyond the traditional pub, from The Curry Mile, to the Alice in Wonderland-themed Richmond Tea Rooms, and to the authentic tastes of Malaysia at the fabulous Ning Restaurant.

Historic sites are protected and adapted across the city; most notably the Printworks Building, once home to the Daily Mirror, which relocated to London. This cavernous

building's facade is still intact, with an indoor dining and movie complex built as a faux outside street.

One "historic" site which will not be preserved is the original studio site for Coronation Street, the world's longest running television program.

Filming moved to the new Media City in 2013, and after a short period of offering set tours, the site will be demolished in 2016 to make room for hotels, theatres, and 2,500 apartments.

NOT A TOURIST | A letter from Omar Mouallem in Nanyuki, Kenya

Refuge cares for animals

Mount Kenya Wildlife Conservancy and Animal Orphanage seems indistinguishable from a zoo until James Mwaniki invites me to ride a 150-year-old giant tortoise named Speedy. Or to enter Moran's pen and meet the 15-month-old orphan cheetah found on the side of a road.

Originally founded as a game ranch in the 1960s by William Holden, a '50s Hollywood icon and reformed Big Game hunter, the orphanage in Nanyuki, Kenya, breeds endangered species, including the region's last remaining bongos, a beautiful striped African antelope, while providing other vulnerable animals refuge until they're ready to return to the wild.

But for visitors it's inter-

actions like this, with the 1,500 animals of 20 species, that create permanent memories.

That's ultimately what set Mwaniki on a path to become an educational programmer at the 1,200-acre rehabilitation centre.

In the fight to conserve Kenya's wildlife, the country's government targeted Mwaniki's generation because his parents and grandparent's were considered hopeless.

Mwaniki grew up in a rural area on the south of Mount Kenya National Park, where wildlife terrorized the family farm. Or so it was thought.

"My parents would tell me,

'They're destroying the crops so you'll have nothing to eat tomorrow.'

Then a field trip sent him to the animal orphanage in the 1990s.

"My brain changed," Mwaniki says, posing me like a tree with handfuls of corn kernels until a Sykes' monkey is casually feeding from my palms. "The message I was given is if you don't conserve what we have then in the years to come we won't have anything."

Now 30, Mwaniki passes that message to the next generation of Kenyans. He's even kept the photo of him riding Speedy.



James Mwaniki, educational programmer at Mount Kenya Wildlife Conservancy and Animal Orphanage, catches a ride on century-and-a-half-old Speedy. COURTESY OMAR MOUALEM

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Your essential daily news

The Reds' Aroldis Chapman has thrown 91 of the fastest 100 pitches in 2015, topping out at 103.92 mph

Mentor nets gold playing pupil

PAN AM 2015

Li tops doubles partner in all-Canadian singles final

They are training partners, doubles teammates and good friends. But when Markham's Michelle Li and Toronto's Rachel Honderich faced each other across a badminton net Thursday — a gold medal on the line — they were the fiercest of rivals.

That's a role they don't play particularly well; they just have too much respect for each other. At 23, Li is the veteran and was favoured going into the final at the Pan Am Centre in her hometown of Markham. Honderich, 19, was the underdog, and at their hotel the night before, kidded her mentor that she was going to tamper with Li's racquet.

"I said I was going to cut her strings," Honderich said with a laugh. She was also threatening to wake Li up in the middle of the night to deprive her of sleep.

"I joked about it," Honderich said, "but I didn't go through with it."

In the end, no clever shot — or practical joke — would keep Li from her second consecutive Pan Am Games gold singles medal.

In front of a packed and enthusiastic crowd of 1,000, Li shook off minor ankle and knee ailments to post a 21-15, 21-9



Rachel Honderich
TORSTAR NEWS SERVICE



Michelle Li lunges to hit a return to fellow Canadian Rachel Honderich during their singles final in Markham, Ont., Thursday. RICHARD LAUTENS/TORSTAR NEWS SERVICE

victory in 26 minutes to take the gold, as Honderich settled for silver.

"To be able to win that in front of my friends and family, and my teachers from elementary school who I haven't seen for 10 years,

I think that makes it really special," Li said.

There was no talk before the match about building competitive tension. The mentor and student — who together won

a bronze in women's doubles earlier this week — even sat beside each other at breakfast.

"For each of our matches leading up to this, we're always there, warming up for each other, so we stuck to the same plan,"

Honderich said.

Coming into the final, Li carried a 3-0 margin in head-to-head matches. The last time they played each other was in the 2014 Pan American badminton

championships in Markham, when Li swept to gold with 21-13, 21-16 victory.

Li and Honderich will now prepare for singles at the world badminton championships in Jakarta, Indonesia, in August.

Honderich, Ottawa's Andrew D'Souza and the mixed team of Toronto's Alex Bruce and Vancouver's Toby Ng took silver on Thursday. There were also two bronze medals in women's doubles (semifinal losers are both awarded bronze, so along

with Li and Honderich, Bruce and her partner Phyllis Chan also won medals).

TORSTAR NEWS SERVICE

I did yell to pump myself up, but I try not to fist-pump against Rachel.

Michelle Li

Canadian sprint cyclists top podium

The Canadians men's and women's sprint teams took double gold in the first day of track cycling at the Cisco Milton Pan Am/Parapan Am Velodrome.

Hugo Barrette of Cap-aux-Meules, Que., Victoria's Evan

Carey and Joseph Veloce of St. Catharines, Ont., edged Venezuela in 44.241 seconds in the men's race.

Kate O'Brien and Monique Sullivan topped Cuba in 33.959 seconds in the women's team sprint. THE CANADIAN PRESS



Hugo Barrette, front, Evan Carey and Joseph Veloce were victorious in the men's team sprint. EZRA SHAW/GTET IMAGES

SWIMMING

U.S. team wins silver medal following protest

The United States had their freestyle relay silver medal reinstated after protesting their disqualification at the Pan American Games on Wednesday night, resulting in Canada being bumped down to bronze.

American Michael Weiss raced the men's 800-metre

freestyle relay with tape wrapped around fingers he'd injured during the 200-metre freestyle earlier in the night. FINA rules state no tape can be worn unless approved by the Sport Medicine Committee.

Brazil won gold. The Canadian team of Victoria's Ryan Cochrane and Jeremy Bagshaw, Stefan Milosevic

of Burnaby, B.C., and Alec Page of Cortes Island, B.C., were bumped to the bronze medal. THE CANADIAN PRESS

DQ strips West Vancouver's Overholt of Games record

A Canadian was disqualified at the women's 400-metre individual medley final for a "non-simultaneous" wall touch.

Emily Overholt of West Vancouver, B.C., appeared to win gold in a Pan Am record time of four minutes 35.33 seconds but officials ruled that her hands did not touch the wall at the same time during the breaststroke turn.

Canada's Sydney Pickrem won a silver in the race in a time of 4:38.03. THE CANADIAN PRESS

FIFA

Indicted official extradited to the U.S.

One of the seven FIFA officials arrested in Zurich as part of a corruption probe has been extradited to the United States, the Swiss Justice Ministry said Thursday.

The Federal Office of Justice said the man, whom it did not identify, was extradited on Wednesday after 50 days of detention in Switzerland.

"He was handed over to a three-man U.S. police escort in Zurich who accompanied him on the flight to New York," the ministry said in a statement.

The official agreed last week to be extradited, unlike six others who are fighting extradition.

The extradition hearings are being held by Zurich cantonal (state) police in a process expected to finish by early September, Swiss justice office spokesman Raphael Frei told the Associated Press on Thursday. Appeals to Switzerland's federal criminal court and supreme court can extend the cases by several months.

The extradited man is accused of "accepting bribes totalling millions of dollars in connection with the sale of marketing rights to various sports marketing firms and keeping the money for himself," the justice office said last week.

All seven men were arrested on May 27 in dawn raids on a luxury hotel in Zurich by Swiss federal police at the request of American federal agencies.

They include FIFA vice-president Jeffrey Webb of the Cayman Islands and former FIFA vice-president Eugenio Figueiredo of Uruguay. Both have been suspended from football duty by FIFA's ethics committee.

A total of 14 men — nine football officials and five marketing executives — were indicted by the U.S. Department of Justice in May.

THE ASSOCIATED PRESS

SECRECY

FIFA's ethics committee wants to lift secrecy rules that protect accused officials from being identified and keep case details private.

Fighting back against rules imposed by FIFA's scandal-hit executive committee in 2012, ethics prosecutor Cornel Borbely and judge Joachim Eckert said Thursday that more openness would help curb offending.

Redblacks get early opportunity at payback

CFL

After blowout loss on road last week, Ottawa seeks revenge

The Ottawa Redblacks would love nothing more than a little retribution.

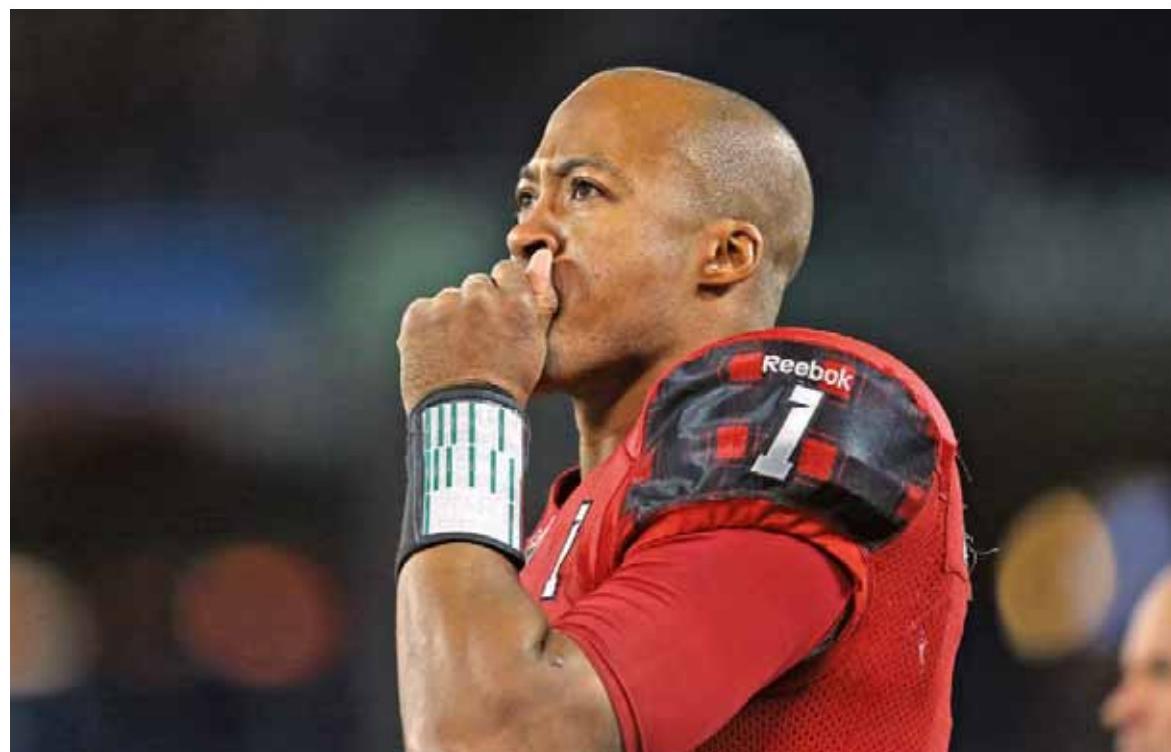
After suffering an embarrassing 46-17 loss to Edmonton last week the Redblacks couldn't be happier to be host the Eskimos on Friday night at TD Place.

There were few positives taken from the lopsided loss, but after a week of solid practice the Redblacks (2-1) say they're ready for the rematch. Ottawa will need to be better in nearly every area as bad decisions, missed opportunities and penalties were the theme of last week's loss.

"We've been watching film and it's really been pissing a lot of us off," said QB Henry Burris. "They made us look bad last week. We want to make sure we come out and play the type of game we know we can play and we didn't do that last week."

Despite winning the first two games of the season many wondered if Ottawa could be taken seriously as a contender. The Redblacks say in no way should last week's performance dictate who they are as a team and while they don't want to put too much emphasis on one game they know Friday's performance will have a significant impact.

"What it comes down to is how we react to difficulty and how we overcome it, is what this game is going to be about," said defensive lineman Keith Shologan. "It's kind of going to define who we are right now as



Henry Burris and the Ottawa Redblacks host the Edmonton Eskimos on Friday night. TOM SZCZERBOWSKI/GETTY IMAGES

a team. The season's a long season, 18 games, and you don't know a team until week nine so we're still building and it's still a process, but this is going to be a big challenge for us just because of what happened last week."

With a number of young players on its roster the Redblacks know youth and inexperience will play a factor in games, but Burris says last week's loss will be worth it if it helps create this team's identity and he's excited to see how they respond.

"We felt last week's game was

an anomaly to what we truly are," said Burris. "We know we can bounce back from it. This team is unfazed."

The Redblacks give Edmonton (1-1) full credit for the win, but at the same time plan on making things a lot more difficult for the Eskimos.

"We know we're going to have a better effort this week to beat them," said Ottawa head coach Rick Campbell. "If our guys play the way they typically play it should be a good, close game (Friday) night." THE CANADIAN PRESS

WEEK 4 PICK



Eskimos at Redblacks, Friday, 7 p.m.

Edmonton (1-1) looks to sweep the home-and-home series after downing Ottawa 46-17 in Alberta last

week. The loss was the first of the season for the Redblacks (2-1) as starter Henry Burris was 20-of-36 passing for just 162 yards and an interception. Matt Nichols, replacing the injured Mike Reilly, completed 12-of-21 passes for 212 yards and three TDs for the Eskimos, who led 36-11 at halftime.

Pick: Edmonton

NHL

Ribeiro settles sex assault lawsuit



Mike Ribeiro
GETTY IMAGES

Predators centre Mike Ribeiro and his wife have settled a lawsuit in which their nanny accused the player of sexual assault.

An arbitrator met July 6 for eight hours before settling the lawsuit. His report was entered Wednesday in the Eastern District of the U.S. District Court in Texas.

The settlement came as an amended complaint was filed June 18 providing more details to her lawsuit. The complaint

detailed allegations of an assault in August 2012 when the then-18-year-old woman helped the Ribeiro family settle into their new home in McLean, Va., after working as their babysitter for six years while he played for the Dallas Stars. THE ASSOCIATED PRESS

NBA IN BRIEF

Barea's deal given a boost

The Dallas Mavericks have re-signed point guard J.J. Barea, who will back up Deron Williams.

Barea signed a four-year, \$16-million contract. He originally agreed to a two-year deal at less than \$6 million, but Dallas had more money under the salary cap without the max contract of four years and \$80 million for DeAndre Jordan, who backed out on a deal and re-signed with the Los Angeles Clippers. THE ASSOCIATED PRESS

TOUR DE FRANCE

Froome still leads after the Pyrenees

One mountain range completed, one more to go.

Only the Alps loom as the last major obstacle between Chris Froome and a second Tour de France victory in Paris.

His rivals tried and failed to make the British rider and his super-strong Sky team wilt on the last day of climbing in the Pyrenees on Thursday, on Stage 12 won by Joaquim Rodriguez of Spain, who gritted his teeth in driving rain on the final climb for his second stage win.

"There are only a certain amount of opportunities before we get to Paris," Froome said. "We've just got to expect everything to be thrown at us."

But to get to the 2013 champion, Froome's rivals must first get past his teammates. And that is a problem. THE ASSOCIATED PRESS



Chris Froome
GETTY IMAGES

Spieth, Johnson lock horns again

BRITISH OPEN

Jordan two off leader Dustin in repeat of U.S. Open battle

Jordan Spieth played like he had a Grand Slam to win. Dustin Johnson played like he had a score to settle.

The two main characters from Chambers Bay brought their games across eight time zones and an ocean Thursday and set the tone at St. Andrews for what could be another riveting battle at the British Open.

Spieth quickly seized on his opportunity for a third straight major with six birdies in his first 11 holes, fought through a chilly wind on the inward nine and closed with a birdie for a 5-under 67 that put him two shots out of the lead.

Johnson, whose three-putt from 12 feet on the final hole cost him a shot at the U.S. Open, looked as daunting as ever. He simply overpowered the Old Course with such force that he hit wedge into 10 of the par 4s and had an eagle putt on another. With a pair of big par saves on the tough closing holes, he played bogey-free for a 65 and for at least a day made good on a warning he made earlier in the week.

Asked about Spieth's chances to sweep the four majors, Johnson said, "Well, I'm playing the next two so we'll have to see."

This was hardly a two-man



USA's Dustin Johnson and Jordan Spieth, paired together for the first round, are again in a duel in the early stages of the year's third major. Johnson missed a putt to hand Spieth the US Open title in June. STREETER LECKA/GETTY IMAGES

65

Leader Dustin Johnson's score after a bogey-free first round on the old course

show. The six players who were one shot behind at 66 included former British Open champion Paul Lawrie and two-time U.S. Open champion Retief Goosen. Jason Day, coming off his scary bout with vertigo symptoms at the U.S. Open, was back on his feet and back in the hunt. Most impressive from that group were Zach Johnson and Danny Willett, who posted their scores as the temperature dropped and wind stiffened late in the afternoon.

Spieth was joined at 67 by Louis Oosthuizen, the last Open champion at St. Andrews.

"If D.J. keeps driving it the way he is, then I'm going to have to play my best golf to

have a chance," Spieth said. The real test might come from the weather.

Spieth and Johnson got a break by playing in the morning when St. Andrews was ripe for scoring — 10 of the top 12 scores came from that side of the draw. That didn't help Tiger Woods, who hit into the Swilcan Burn on the opening hole, made only one birdie and shot 76.

"Guys have been shooting good numbers," said Woods, a two-time Open champion at St. Andrews. "Unfortunately I did not do that." Instead, he was headed for a missed cut for the

third time in his last four majors.

The afternoon wave suffered in chill and wind so strong that Phil Mickelson hit driver and 3-wood and didn't reach the 465-yard 13th hole. He said he had to hit 5-iron for his third shot on the par-5 14th. Johnson was pin-high with a 3-wood in the morning. Mickelson made only one bogey on the back nine and shot 70. He called the conditions "fun," though his smile might not last if the morning group doesn't face the same conditions.

The first 26 groups had an average score of 71.46. The last



Leader Dustin Johnson tees off on the 2nd hole during the first round at St. Andrews. The athletic American has been out-hitting Spieth off the tee by 36 yards ANDREW REDINGTON/GETTY IMAGES

26 groups averaged 72.62.

Rickie Fowler, coming off a victory in the Scottish Open, said the final seven holes was "hanging on for dear life." He made two bogeys, one eagle and 15 pars for a 72.

The forecast was for rain early Friday and wind calming as it clears, followed by stronger gusts in the afternoon. Saturday could have gusts approaching 40 mph. Spieth already has shown at the Masters and U.S. Open that power isn't everything. And while he laid back on several holes — Johnson's tee shots were on average 36 yards longer — Spieth can score.

He birdied four of the first six holes with putts inside 12 feet and took a share of the lead with a 10-foot putt on the par-3 11th. His main mistake came in bunkers. Not many can appreciate the route Spieth is taking. Only five other play-

+ HARDEST HOLE

The Road Hole, the 17th, was by far the toughest hole on the Old Course, playing closer to a par 5 than a par 4. No one made a birdie on the hole, but Dustin Johnson was one of 53 players who managed to make par on his way to the first-round lead.

ers since 1934 have won the first two majors of the year. Only Ben Hogan has won the Masters, U.S. Open and British Open in the same year. No one has won all four.

The key for Spieth in the first round was to stay close, and that's what he did — not in driving distance, but by score, which ultimately is all that matters.

THE ASSOCIATED PRESS

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- 1/3 cup brown sugar
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- 1 egg
- 1 tsp vanilla extract
- 1/2 tsp baking soda
- 1 cup all-purpose flour
- 1/2 cup semisweet chocolate chips
- 1/2 cup raisins or dried cranberries
- Garnish
3 Tbsp semisweet chocolate chips
Icing sugar

Directions

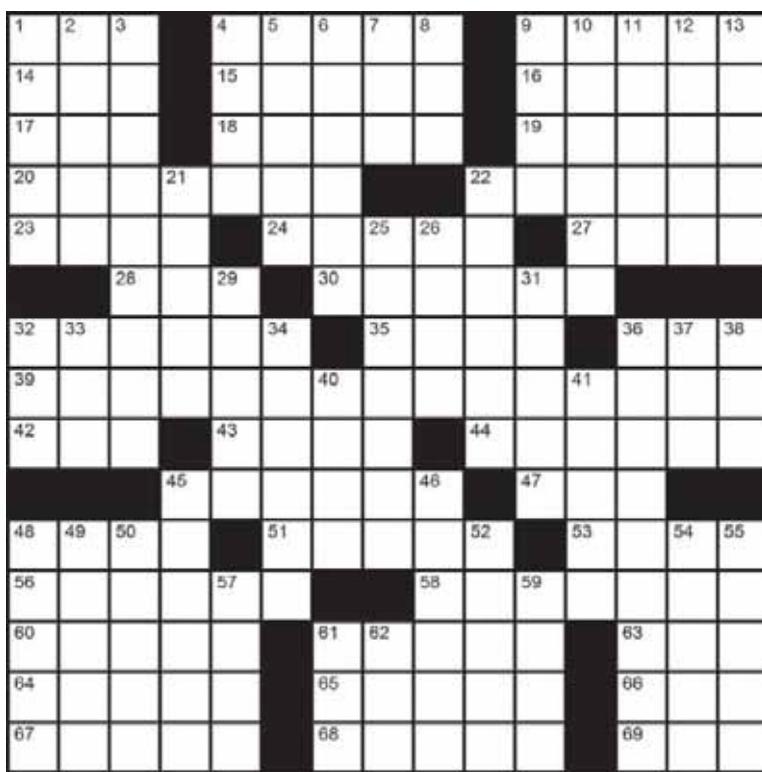
1. Preheat oven to 350 F. Spray a 10" oven safe skillet with vegetable oil.
 2. In a bowl, add oil, both sugars, egg and vanilla until well mixed. Add remaining ingredients, except for garnishes and mix until flour is incorporated. Spread evenly into skillet and bake for 20-25 minutes. The longer you bake, the crisper the texture.
 3. In a microwaveable bowl, melt remaining chocolate on medium heat in microwave for 30 seconds or just until chocolate begins to melt. Drizzle over top of cookie and dust with icing sugar.
- Nutrition per serving**
- Calories 200
 - Protein 2 g
 - Carbohydrates 30 g
 - Fat 8 g
 - Saturated fat 2.5 g
 - Cholesterol 20 mg
 - Sodium 65 mg
 - Fibre 1 g
- PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Orlando's li'l state
4. Social customs
9. _ of 2015
14. Towel holder
15. Sporty rock concert venue
16. Major artery
17. In the past
18. Straight-__
19. Carbonated beverages
20. As per #39-Across... Matthew Cuthbert's sister
22. Cakes creators
23. Barenaked Ladies song
24. Wet with a gardening hose
27. Like ballpoints
28. Super __ (Old video game console by Nintendo, commonly)
30. __ an idea (Persue about a course of action, for example)
32. "...pain, __" (Bodybuilder's mantra)
35. "__ I say, not..."
36. Neg. opposite
39. Montreal-born "Anne of Green Gables" actress who played the character at #20-Across: 2 wds.
42. Demure
43. Merriment
44. Gown and cap wearer
45. Do additional lawn work
47. Barley bristle
48. Sole spot
51. Root used in perfumes
53. Bounced-back sound
54. Scottish pattern
58. Beverage in Anne of Green Gables, Raspberry __
60. Prognosticate
61. Competently
63. A.A. Milne play, Mr. __ Passes By
64. Gawk
65. Particular purple
66. "Much __ About Nothing" (1993)
67. Reddish-brown



10. Check up on/take a peek: 2 wds.
11. "Insensitive" singer Jann
12. Barren
13. Cheeky
21. Pretty perfect
22. Community regulations regarding fences, pools, trees, etc.
25. Alberta city: 2 wds.
26. "Wake Me Up" singer Mr. Blacc
29. Warfare attack
31. Ice Cube, aka Jackson
32. __-1701 (U.S.S. Enterprise marking)
33. Ghost's sound!
34. Mr. Mandela
36. School bigwig
37. Bear, in Barcelona
38. Gibraltar, e.g.
40. __-do-well
41. Not married
45. Bring back
46. Declaration
48. Cache
49. Fashion: __ couture
50. Hockey game instrument
52. Crack
54. __ Gwaii (Queen Charlotte Islands, now)
55. Edward James __ "Battlestar Galactica" star
57. Domain
59. Deli loaves
61. Grammy competitor, commonly
62. BC's li'l ocean

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
What you want to do and what you have to do will be two different things today, but there is no point getting annoyed because others have the upper hand. It won't be long before the roles are reversed.

Taurus April 21 - May 21
Your reputation seems to be heading south in some people's eyes. What have you done to turn them against you? Probably no more than to tell the truth about something they feel strongly about.

Gemini May 22 - June 21
You will find it exceedingly easy to guess what people are planning over the next 24 hours. Add to that the promptings of your inner voice and you can't go wrong.

Cancer June 22 - July 23
It may feel as if time is running out, that if you don't make a move soon you will miss out on an opportunity. But the planets urge you to be aware there are no shortcuts to success.

Leo July 24 - Aug. 23
Things that made no sense to you at all a short while ago will make perfect sense today and over the weekend and by the time the Sun moves in your favor on the 23rd you will wonder why you found it so hard to get your head in gear.

Virgo Aug. 24 - Sept. 23
By all means help a friend if they are in trouble today but don't cover up for them. The most important thing now is that they come clean about their mistakes.

Libra Sept. 24 - Oct. 23
There is still time to do something dramatic, something that impresses those in positions of power, so get to it. You may not want to be the centre of attention but it goes with the territory.

Scorpio Oct. 24 - Nov. 22
The planets warn that certain people will try to bully you into abandoning ideas and opinions that mean a lot to you — and you must fight them every inch of the way.

Sagittarius Nov. 23 - Dec. 21
Today's events will manoeuvre you in a direction you are not sure you want to go. According to the planets it is not only the right thing for you but, deep down, you know it is too, so don't fight it too hard.

Capricorn Dec. 22 - Jan. 20
Your needs and desires have not been satisfied to any great extent in recent weeks but be of good cheer. In a matter of days you will get the chance to make up for lost time. Today though you should let others have their own way.

Aquarius Jan. 21 - Feb. 19
One day soon you will look back and laugh at the things you allowed yourself to get worked up about. That day will come quicker if you refuse to give in to the emotional side of your nature.

Pisces Feb. 20 - March 20
The Sun remains in the most creative and dynamic area of your chart only until the 23rd, so there is still time to do something amazing but you have got to be quick.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	9	4	7	
6	2	5	1	
2				6
2	1	7	6	
8				9
1	8	2	4	
4				1
3	9	6	5	
6	5	2		

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TODAY'S HOROSCOPE:

Neptune is suggesting that now may be the perfect time to get the Metro News App

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A large red Dodge Ram pickup truck is shown from a front-three-quarter angle, parked on a grassy bank next to a calm lake. The background features a vibrant sunset or sunrise over a dense forest of tall evergreen trees. The sky is filled with warm orange, yellow, and pink hues. On the left side of the image, there is a large, stylized red number '0' with a textured, leaf-like pattern. To the right of the '0', the words '0% FINANCING' are written in large, bold, black capital letters. Below that, 'FOR 72 MONTHS' and 'OFFER ENDS JULY 31' are also displayed in black text.

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The logo features the SiriusXM logo at the top, followed by the Dodge Caravan logo, and the text "CARAVAN KIDS" in large, bold, red letters.

\$28,385/\$30,414 with a \$0 down payment, financed at 0% for 72 months equals 156 bi-weekly payments of \$182/\$3195 with a cost of borrowing of \$0 and a total obligation of \$28,385/\$30,414. \$10,000 in Total Discounts is available on new 2015 Ram 1500 models (excluding Reg Cab) and consists of \$8,500 in Consumer Cash Discounts and \$1,500 in Ram Truck Loyalty/Conquest Bonus Cash. See your retailer for complete details. *Consumer Cash Discounts are deducted from the negotiated price before taxes. $\geq 2.99\%$ purchase financing for up to 96 months available on select new 2015 models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Examples: 2015 Ram 1500 Quad Cab SXT 4x4 (25A+AGR+XHF)/2015 Ram 1500 Crew Cab SXT 4x4 (25A+AGR+XHF) with a Purchase Price of \$28,385/\$30,414 with a \$998/\$798 down payment, financed at 2.99% for 96 months equals 208 bi-weekly payments of \$148/\$160 with a cost of borrowing of \$3,440/\$3,720 and a total obligation of \$31,824.89/\$34,133.86. \neq Non-prime financing available on approved credit. Financing example: 2015 Ram 1500 Quad Cab SXT 4x4 (25A+AGR+XHF) with a Purchase Price of \$28,385 financed at 4.99% over 84 months, equals 182 bi-weekly payments of \$185 for a total finance obligation of \$33,688.84. \neq \$1,500 Ram Truck Loyalty/Conquest/Skilled Trades Bonus Cash is available on the retail purchase/lease of 2015 Ram 1500 (excludes Regular Cab), 2014/2015 Ram 2500/3500, 2014/2015 Ram Cab & Chassis trucks, or 2015 Ram Cargo Van and is deducted from the negotiated price after taxes. Eligible customers include: 1. Current owners/lessees of a Dodge or Ram Pickup Truck or Large Van or any other manufacturer's Pickup Truck or Large Van. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before July 1, 2015. Proof of ownership/lease agreement will be required. 2. Customers who are skilled tradesmen or are acquiring a skilled trade. This includes Licensed Tradesmen, Certified Journeymen or customers who have completed an Apprenticeship Certification. A copy of the Trade Licence/Certification required. 3. Customers who are Baumeuler Approved service providers. Proof of membership is required. Limit one \$1,500 bonus cash offer per eligible truck transaction. Some conditions apply. See your retailer for complete details. \dagger Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. \blacklozenge Based on IHS Automotive: Polk Canadian Total New Vehicle Registrations data comparing calendar year-end market share and volume for 2014 versus 2010 for all large pickups sold in the province of Ontario. Ram large pickup segment as defined by FCA Canada. Inc. \heartsuit TheSiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.